



**PRE-DP 3-DAY
IB SKILLS SUMMER COURSE**

OVERVIEW

DESIGNED BY LANCE KING using insights gained from teaching learning and thinking skills to over 250,000 students in 38 countries over the last 25 years and taught by the best of the best – 40+ point dynamic ex-IBDP students now education professionals.

EXHAUSTIVELY BETA-TESTED with today's DP students and DP coordinators this blend of affective, cognitive and metacognitive ATL skills will give new DP students the agency, self-management and resilience they need to succeed at the highest academic level.

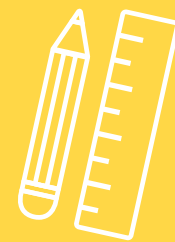
STUDENTS LEAVE WITH:



A sense of agency and ownership over their studies



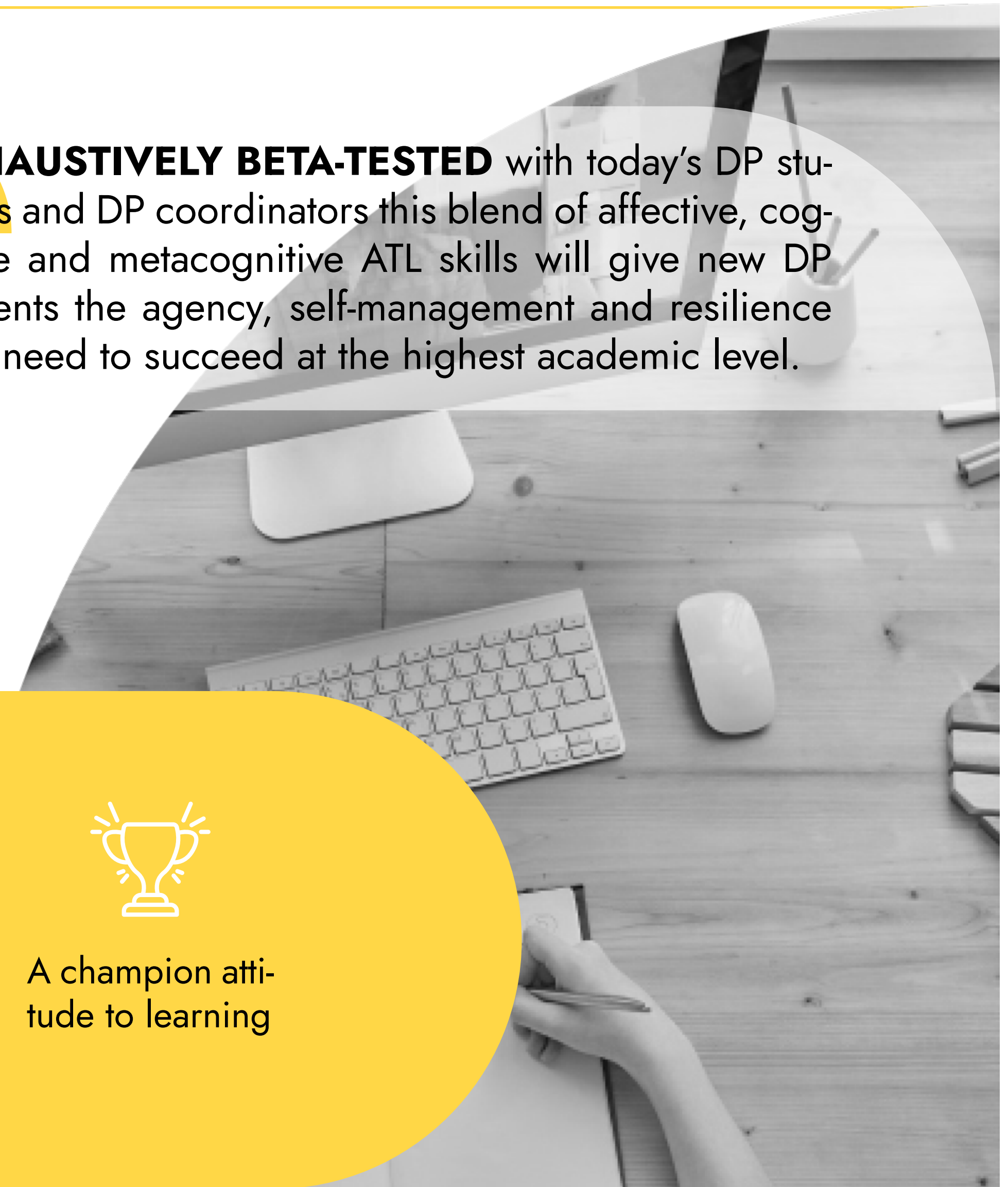
Tangible assets to continue roadmapping their success



Real, assessment-ready tools for IB success



A champion attitude to learning



OVERVIEW

CHAMPION MINDSET

Developing self-motivation, purpose, resilience, pressure and stress management, and the skills to plan out and achieve all goals

TEACHER
CENTERED

DAY 1

DAY 2

ACADEMIC SUCCESS SECRETS

The "IB" day - organisation skills, learning strategies, IB specific research and exam skills

AUTONOMOUS LEARNING

Bring together the previous two days into group exercise, building skills relevant to EE, TOK, Group 4, reflection and collaboration

DAY 3

STUDENT
CENTERED

AGENDA

DAY 1

**"CHAMPION MINDSET"
IE. AFFECTIVE SKILLS**

9-10:30

Workshop 1

Purpose & Self-Motivation

10:30-12:30

Workshop 2

Courage, Resilience and Failing Well

13:30-16:00

Workshop 3

Achieving Goals

DAY 2

**"ACADEMIC SUCCESS SECRETS"
IE COGNITIVE SKILLS**

9-10:30

Workshop 1

Organisational systems & managing time effectively in the IB

10:30-12:30

Workshop 2

Learning strategies for IB subjects
Research skills

13:30-16:00

Workshop 3

Internal Assessments
Exam Nerves, Pressure and Stress

DAY 3

**"CHAMPION MINDSET"
IE. AFFECTIVE SKILLS**

9-12:30

Group Exercise

"Current Social Memes - Research activity""

13:30-16:00

Wrap Up

Acing & Embracing your IBDP Journey

*GET A
FLAVOUR FOR
WHAT
THIS COURSE
LOOKS LIKE
HERE.*

